

# Dr. Angela Trego

PE, PMP, FHEA

Rocket Scientist, Fortune 500 Executive, Bestselling Author,  
Global Speaker, Inventor, Award Winning Teacher

Confidence is a skill. I help you master it.

## SIGNATURE WORKSHOP

### Transformative Teaching: Evidence-Based Strategies for Enhancing Student Engagement and Reducing Workload

Most professional development inspires in the moment and evaporates by Monday. This hands-on, research-backed workshop gives educators replicable classroom strategies they can use immediately with measurable results in student engagement, confidence, and instructor workload.

## OUTCOMES THAT MOVE THE NEEDLE:

<b>+30%</b> Student participation	<b>-50%</b> Student anxiety
<b>Less</b> Educator burnout	<b>More</b> Student confidence



## WHY EDUCATORS TRUST DR. TREGO

- Teacher of the Year
- Fellow of the Higher Education Academy
- Taught at 4 universities across the US
- Commissioner, ABET Engineering Accreditation
- AIAA Distinguished lecturer
- 30 Women to Watch awardee

## Ready to book Dr. Trego?

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**#1 Amazon Bestseller**  
**Squashing the Imposter Syndrome**

## ALSO AVAILABLE

- Imposter Syndrome for educators and students
- Creating impact for faculty conferences
- Micro-messaging for counselors
- Women and non-traditional students in STEM



## WHAT EDUCATORS ARE SAYING

“Angela inspired us to motivate our students and ourselves with practical strategies and classroom-ready techniques, framed by her engineering background and experience as a college professor. Her passion for education is undeniable...”

– Barb C, Dean, Farmingdale State College

“The presentation provided excellent applicable information to apply to our role as we try to help students achieve the potential they may not even realize they have”

– Paige H, HS Counselor, Davis School District