

# Dr. Angela Trego

PE, PMP, FHEA

Rocket Scientist, World Traveler, Global Speaker,  
Fortune 500 Executive, Inventor, Award Winning Teacher,  
Multi-Sector Engineer, College Athlete, Author



## Services: Speaking, Training & Consulting

- Women in STEM
- Project Management
- Leadership
- Keynotes
- Workshops & Training
- Customized coaching

Let Angela help improve your technical organization's ability to retain employees and increase diversity, unlocking their unlimited potential.



## Credentials

- Professional Engineer in Mechanical Engineering
- Project Management Professional
- Achieve Global Leadership Facilitator
- 2 Patents & 80+ Presentations & Publications
- Utah Business "30 Women to Watch"

Dr. Trego's motto "Efficient with Things, Effective with People," her personal motto, succinctly describes her understanding of the technical creative process requiring both technical and interpersonal skills.

As a highly successful engineer Dr. Trego held technical and senior leadership roles at Fortune 500 companies across multiple industries and around the globe. An award-winning teacher, Dr. Trego serves on several technical, non-profit and executive boards. Angela's technical background combined with leadership experiences gives her a unique insight into how your organization can increase its potential. Above all, Angela is passionate about empowering others with practical skills to help them become more successful.

Angela's unique perspective makes her a popular choice for technical audiences and organizations looking to improve their output by increasing their employee retention and embracing diversity. Through story and vital skill development Dr. Trego inspires individuals, teams and organizations to recognize their unlimited potential.

## Contact Angela!

+1-801-613-2641

[angela@angelatrego.com](mailto:angela@angelatrego.com)

[angelatrego.com](http://angelatrego.com)

Every engagement is customized to meet your needs. Fees assessed after an initial consult.



## What People Are Saying

"Your insight into how we describe working environments and the jobs we do was an "aha moment" for me...I am grateful."

- Karen C. Executive Manager, Composites Australia Inc.

"Great insight into a relevant topic for today's companies. Made me think how I can change and how my company will benefit."

- John D. Project Manager, BioFire Diagnostics

"Thank you so much for being the keynote speaker... Your presentation was interesting, enlightening, and motivational."

- Terri B. Advisor, Society of Women Engineers